

Step Into You

Unleash Your True Potential
When You Stop Doing & Start Being

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#NACEEXP22







PRESSURE



POWER

Learning Objectives

To understand how and where your identity started to take shape and the impact that has on their personal and professional lives.

Understand when a misalignment in your identity exists, how that creates limitations in your life and how to recalibrate it.

How to start loving yourself unconditionally and live unapologetically as you design the life and business you truly want to create.

i-den-ti-ty :

Our foundation for personal development, establishes how we see the world, how we are seen and serves as our universal filters for processing the world around us.

Foundations & Filters

Influences

Biology Culture Politics

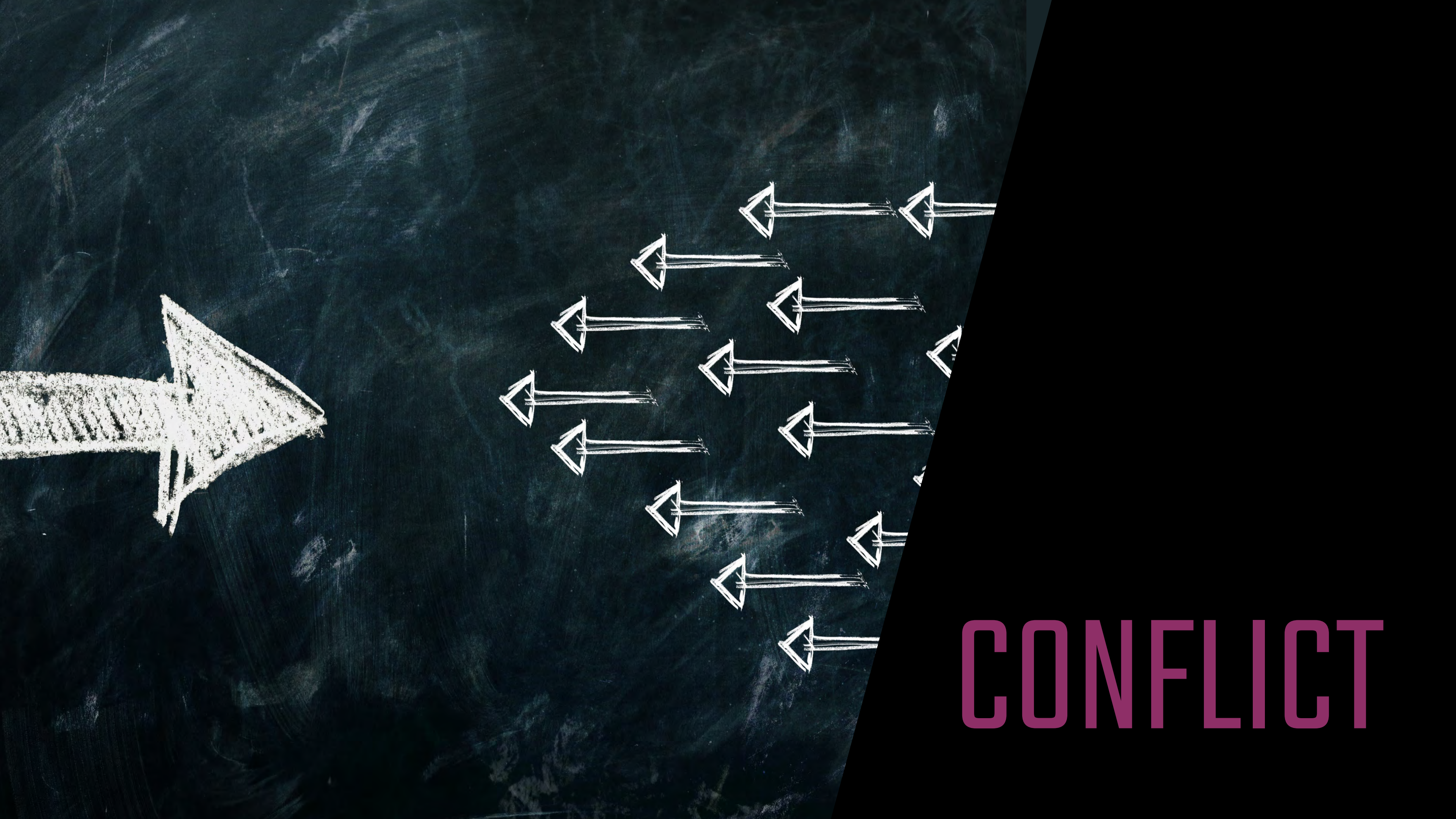
Race Education Gender

Environment Migration Sex

Religion Values Experiences



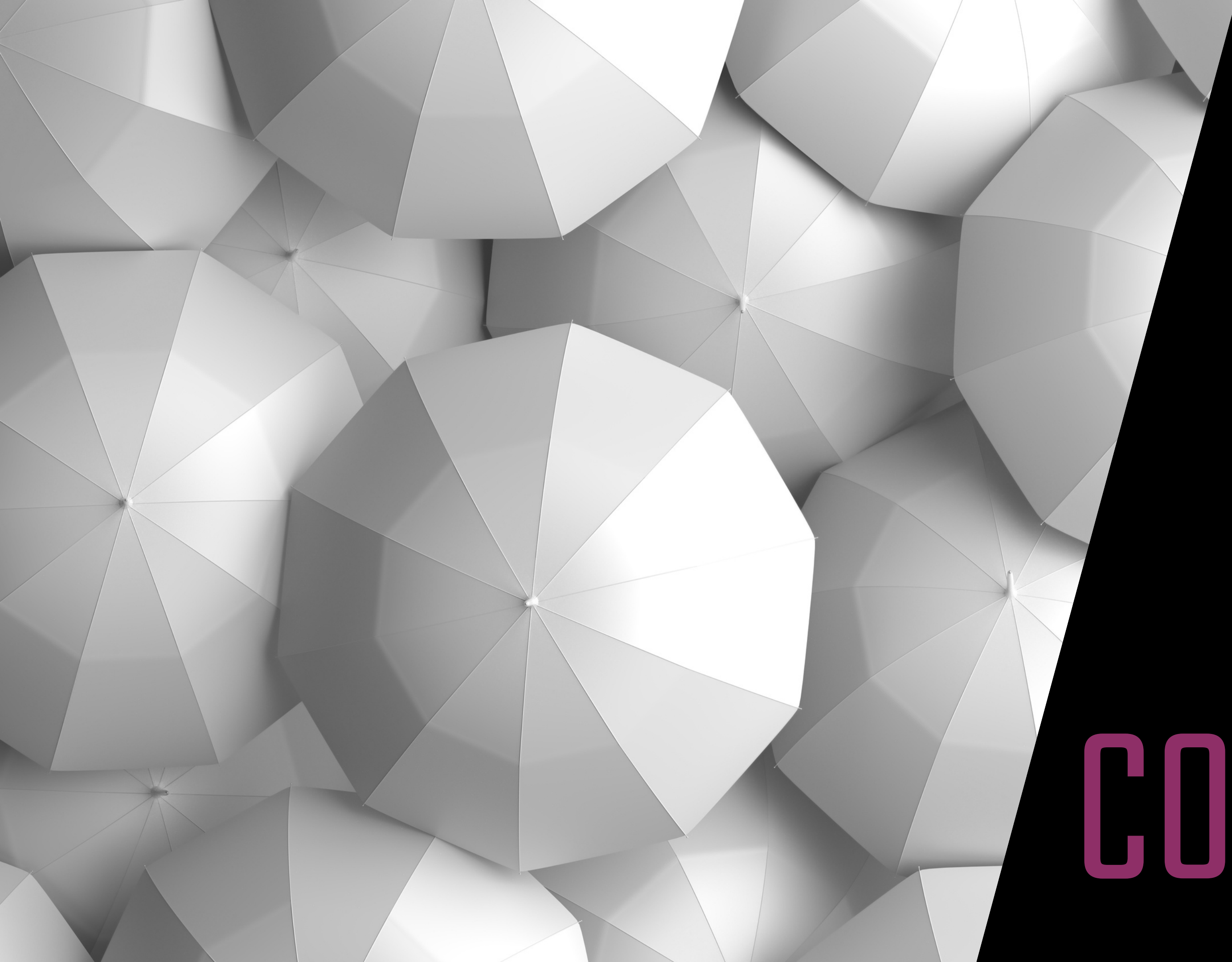
The VOICES



CONFLICT



CONFRONT



CONFORM

Reasons We Conform

To Fit In

To Please Others

To Avoid Discomfort & Judgement

To Remain Safe

FEAR



FRAGILITY



REBEL

Reasons We Rebel

Stress, Anxiety, Depression, Repression
To Be a Role Model, Leader or to Create Change
To Show Pride
To Find Balance or Harmony
To Live Up To Our Potential
To Have an Impact
COURAGE