



— MASTER YOUR —

EXCELLENCE

2022 NACE EXPERIENCE CONFERENCE

NACE EXPERIENCE 2022

Changing Your Money Mindset

with Renée Dalo



Money  Mindset



What We'll Cover

FOR THOSE TYPE A'S LIKE ME...

- Your Current Money Mindset
- Mindset Blocks
- Your Money Story
- Forgive & Release
- How do we Manifest?
- Your Manifest Practice



Our Agreements

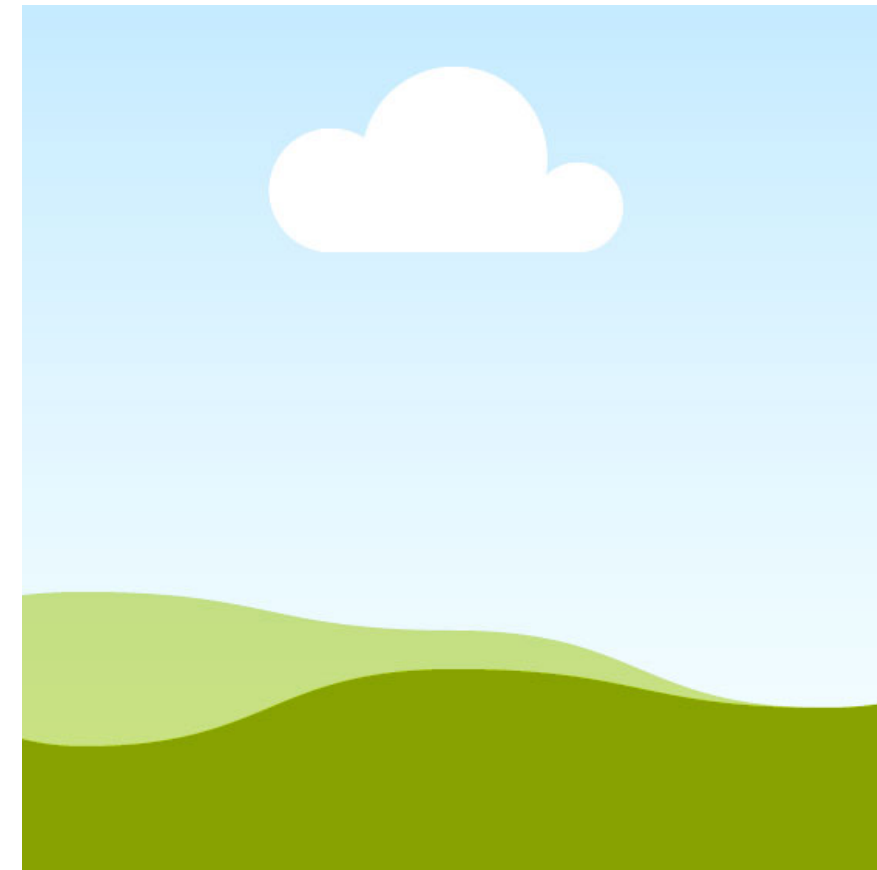
**I AM NOT A MONEY MANAGER,
INVESTMENT SPECIALIST, OR
FINANCIAL ANALYST.**

**A LITTLE WOO-WOO CAN'T HURT
YOU.**

**KNOWING IS DIFFERENT THAN
DOING.**

This is a placeholder for a QR code

THAT WILL LINK TO A WORKSHEET



Who am I?

WEDDING PLANNER

13+ years in the wedding industry, 10 years as Owner of Moxie Bright Events

EDUCATOR & PODCAST HOST

Creator of online courses, Profitable Pro Bundle (x3), host of Talk with Renee Dalo

FORMER BROKE-ASS

Used to regularly overdraft my account, once had my car repossessed, was completely inept with money



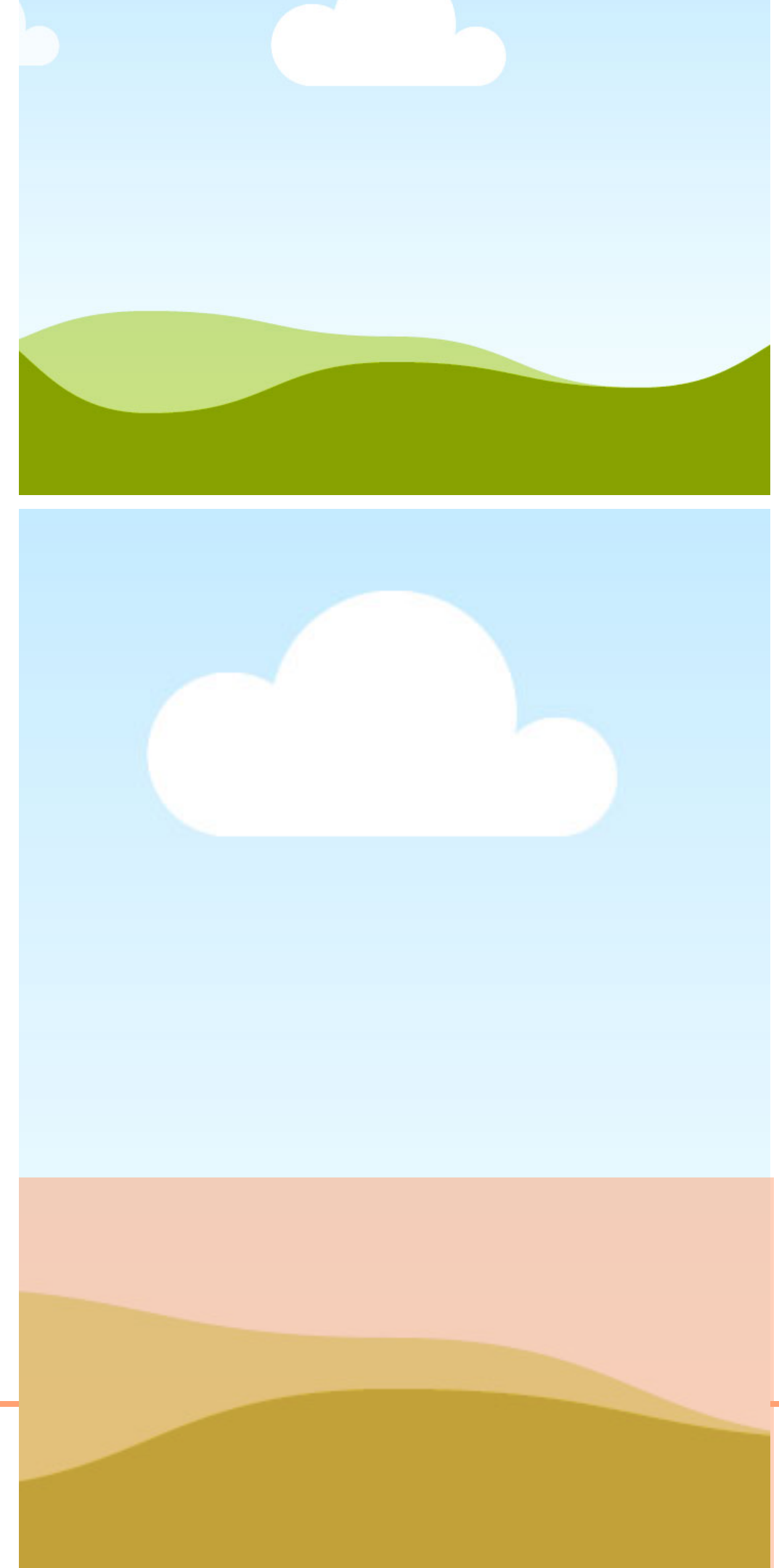
@reneedalo

TRUTH TIME

WHAT DID YOU THINK
WHEN I SAID MY CAR
HAD BEEN
REPOSSESSED?



Money =
Thoughts =
Feelings



**Raise your hand if you
think any of these...**

**I don't know where my
money goes.**

**I'm "just not good" with
money.**

**All I need is to have
more money - that
would make
everything better.**

**Rich people make their
money in devious or
unethical ways.**

**Rich people are mean,
rude, shallow, and
stuck-up.**

**"Taking responsibility
for your beliefs and
judgments gives you the
power to change them."**

Byron Katie

Let's Write One of Your Money Memories

ONE MINUTE TIMED WRITING

Think of one "money memory" from your life and write it out.

Details: who, what, where, how much, and HOW YOU CURRENTLY FEEL ABOUT IT

@reneedalo



**"No money memory is too
big or too small to clear.
And everything is
symbolic"**

Denise Duffield-Thomas



Example of a Money Memory

THE ONE ABOUT THE REFRIGERATOR

Do you have a lot of feelings
about your appliances?

Listen up.

What do you feel about your money memory?



SHAME



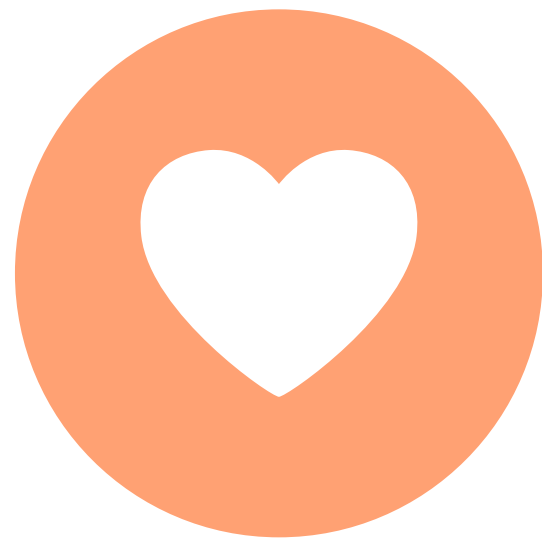
GUILT



RESENTMENT

how we forgive and release

BY DENISE DUFFIELD-THOMAS



I forgive you.



Thank you.
I'm sorry.



And I love you.

TRUTH TIME

IT'S SO EASY TO SAY
TO YOURSELF,
"YEAH, YEAH" THAT
WON'T WORK.



TRUTH TIME

**BUT WHAT IF IT
DOES WORK?**

—

MONEY MANTRA

*It's safe for me to have
excess money.*

*It's safe for me to have a
big savings account.*

How do we manifest more money?

WRITE DOWN YOUR
MONEY GOALS.

Be incredibly specific.

Down to the dollar.

Write what you need to get what you
want. Price shop your dream life.



How do we manifest more money?

DEFINE WHAT WEALTH
REALLY MEANS TO YOU.

Freedom?

Philanthropy?

Travel?

Generational Security?



How do we manifest more money?

GO ON A TREASURE HUNT!

Dig deep and uncover hidden money.

Unused gift cards?

Store credits?

Unclaimed tax refunds?



How do we manifest more money?

UPGRADE YOUR LIFE IN
SMALL WAYS RIGHT NOW.

What small thing would yield the most
immediate result?

Cleaning crew?

Babysitter?



What
makes you
FEEL
wealthy?



The law of incremental upgrades

1. Think about what makes you feel poor.
2. Pick one thing to upgrade.
3. Repeat.





**SMALL
LUXURIES
WILL
CHANGE
YOUR
MINDSET.**

New Glasses =
\$300
Mindset Shift =
Priceless

@reneedalo

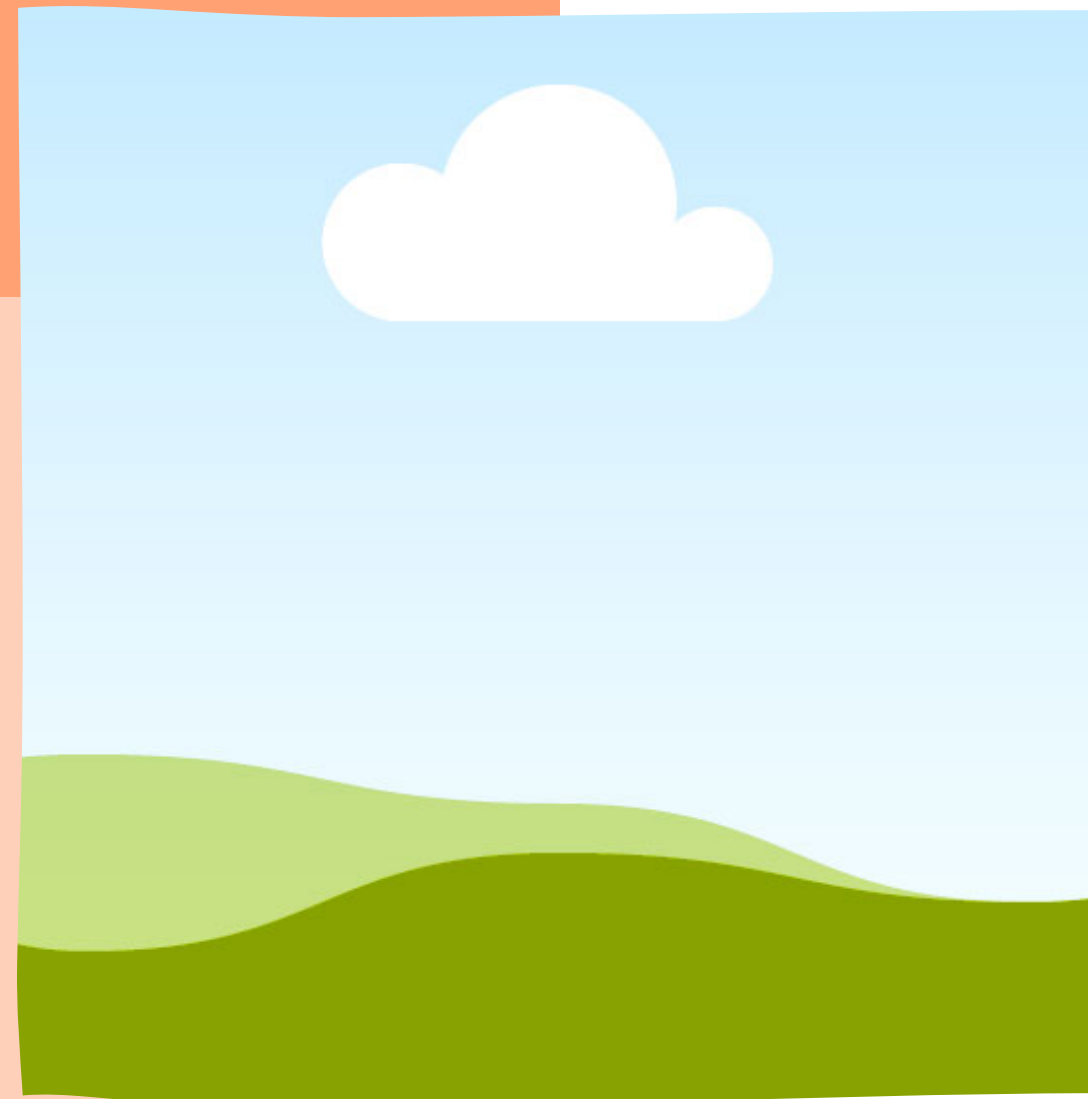
Ok. Sounds good.

**So...you're cured now,
right?**

What's Next?

JOURNAL!!

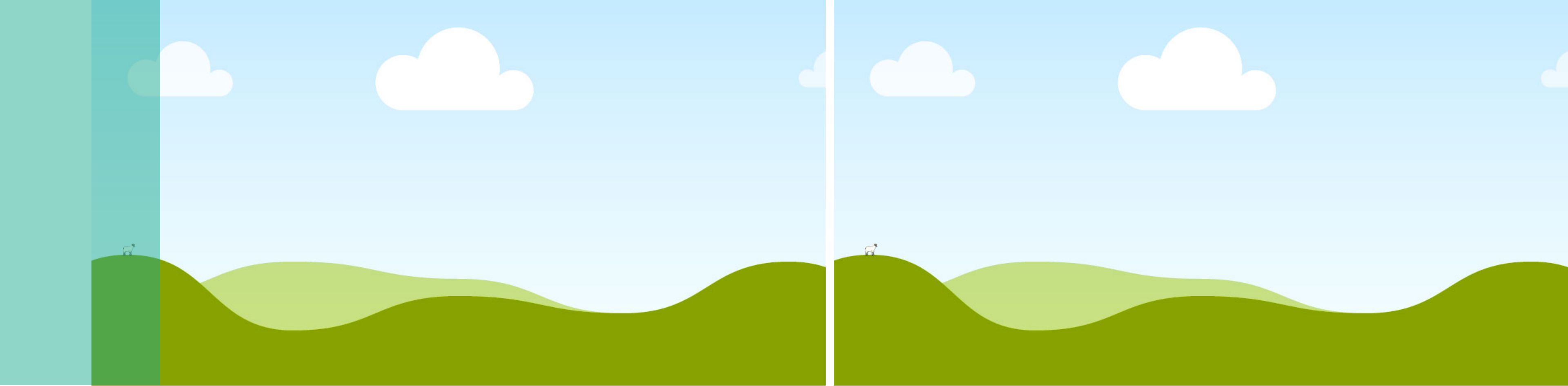
Download the worksheet for journal prompts for manifesting more money into your life.



MONEY MANTRA

We do not "make" money.

*We create and open
pathways to the flow of the
energy of money.*



KEEP TABS ON YOUR MONEY - COMING AND GOING.



Create weekly and daily money rituals.

How often do you check your accounts?

Resources for further work

GET RICH, LUCKY B*ITCH!

by Denise Duffield-Thomas

WE SHOULD ALL BE
MILLIONAIRES

BY Rachel Rodgers

THE SECRET APP

A simple, interactive manifesting tool

@reneedalo

